

Track & Field – WOMEN’S

FRIDAY JUNE 17th

TIME	Age Category						
	55+	60+	65+	70+	75+	80+	85+
10:00	1500	1500	1500	1500	1500	1500	1500
10:20:00 AM							
10:40:00 AM	Shot Put	Shot Put	Shot Put				
11:00:00 AM				Shot Put	Shot Put	Shot Put	Shot Put
11:20:00 AM	100	100	100	100	100	100	100
11:40:00 AM	Long Jump	Long Jump	Long Jump				
12:00:00 PM				Long Jump	Long Jump	Long Jump	Long Jump
12:20:00 PM							
12:40:00 PM	50	50	50				
1:00:00 PM				50	50	50	50
1:20:00 PM	Javelin	Javelin	Javelin				
1:40:00 PM				Javelin	Javelin	Javelin	Javelin
2:00:00 PM							
2:20:00 PM							
2:40:00 PM	predicted walk	predicted walk	predicted walk	predicted walk	predicted walk	predicted walk	predicted walk
3:00:00 PM	predicted walk	predicted walk	predicted walk	predicted walk	predicted walk	predicted walk	predicted walk
			Medal Presentations				

Track & Field – WOMEN’S

SATURDAY JUNE 18th

TIME	Age Category						
	55+	60+	65+	70+	75+	80+	85+
9:00							
9:20:00 AM	3000	3000	3000	3000	3000	3000	3000
9:40:00 AM							
10:00:00 AM	200	200	200				
10:20:00 AM	Discus	Discus	Discus	200	200	200	200
10:40:00 AM				Discus	Discus	Discus	Discus
11:00:00 AM							
11:20:00 AM	800	800	800	800	800	800	800
11:40:00 AM							
12:00:00 PM	Triple Jump	Triple Jump	Triple Jump				
12:20:00 PM				Triple Jump	Triple Jump	Triple Jump	Triple Jump
12:40:00 PM	400	400	400				
1:00:00 PM				400	400	400	400
1:20:00 PM							
1:40:00 PM	predicted walk	predicted walk	predicted walk	predicted walk	predicted walk	predicted walk	predicted walk
2:00:00 PM	predicted walk	predicted walk	predicted walk	predicted walk	predicted walk	predicted walk	predicted walk
2:20:00 PM	relays	relays	relays	relays	relays	relays	relays
2:40:00 PM	relays	relays	relays	relays	relays	relays	relays
	Medal Presentations						